

A 3D maze with a white path leading to an arrow pointing right. The maze is rendered in a dark grey color with a slight shadow effect, giving it a three-dimensional appearance. The path starts from the left side and winds through the maze, eventually leading to a white arrow pointing towards the right. The background is a dark grey gradient.

Introspection **guide** book

Curated by **YBB**

before we begin

There is something deeply spiritual about permitting yourself to trust and experience your process. It takes a profound sense of commitment to do that.

You must choose to cultivate an intense conviction to protect your freedom without compromising the integrity of your identity.

...in spite of what is going on around you.

There is a lot more available to you than what is written on these pages.

Open your mind. Listen for it.
Exhale.

Quote

When she transformed into a butterfly, the caterpillars spoke not of her beauty but of her weirdness.

They wanted her to change back into what she always had been.

But, she had wings.

Dean Jackson

Thought 01

My journey is different from yours , but even in that difference, we are all part of a whole

YBB

What does this mean to you?

Similarity/ Difference

Have you ever felt like you had a similar path to someone? Who?

What about that person resonates and seems familiar to you?

In comparison, what is different about being you?

Designing Your Best Life

What are you currently
dissatisfied with in your life?
(What you wish you could change)

What have you done about
it?

What should you have
done/be doing about it?

Compare notes

If you could choose a new
path or new life right now,
who would you be?

Describe this in detail

Age, sex, occupation, single/in a relationship, interests, friends, where you'd live etc

How different is this from who you are now?

What does that tell you?

Thought 02

When you know yourself, you are empowered.
When you accept yourself, you are invincible.

Tina Lifford

What does this mean to you?

Self-Disruption

This is a solo journey that needs only you.

It is driven by you, for you so that you may serve others.

Ask yourself these questions

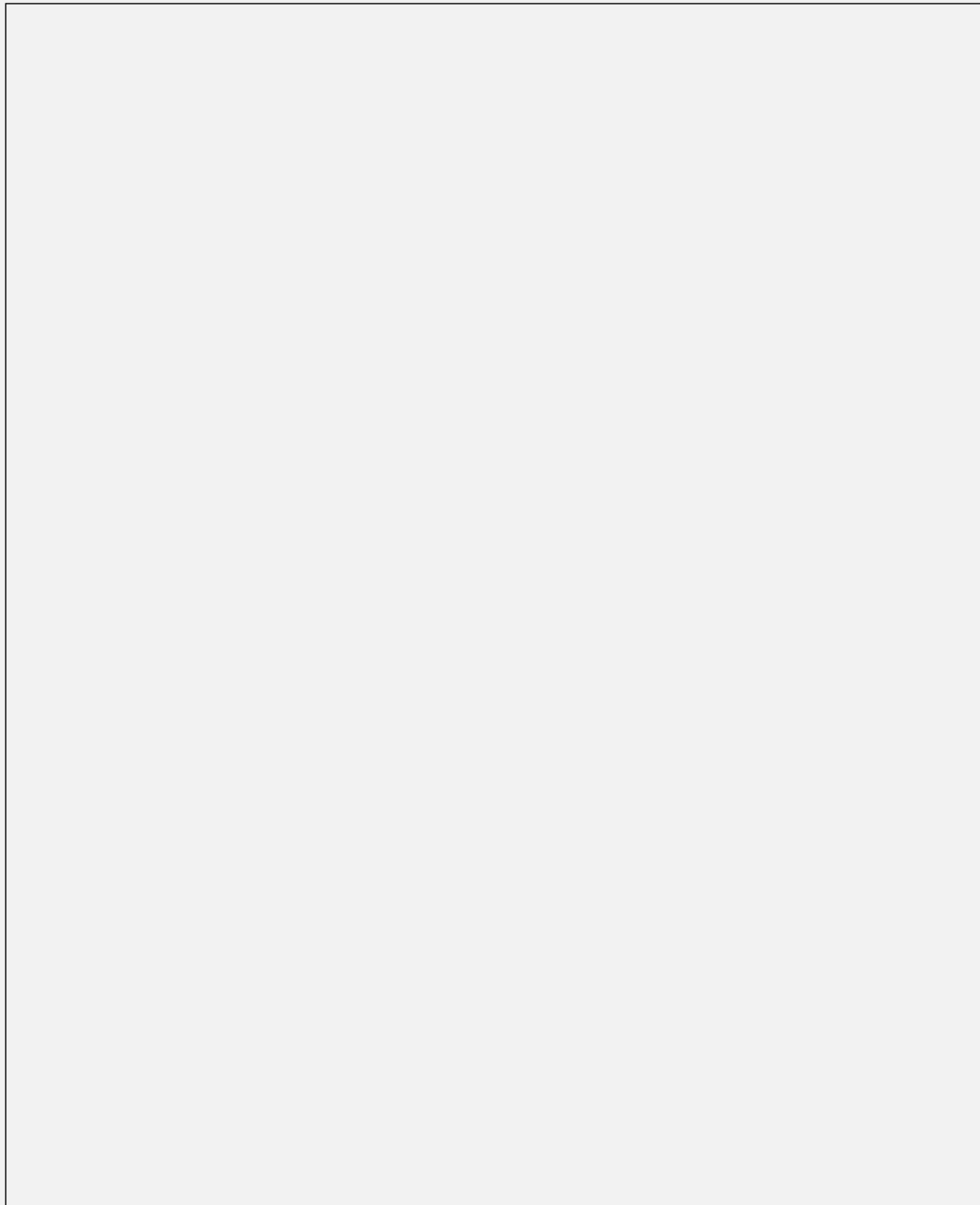
- Do you randomly have low energy often (when you sometimes feel like doing nothing)?
- Are you following patterns (repetitive behaviours without necessarily intending to)?

What is important to you

today?

(You can mention more than one thing)

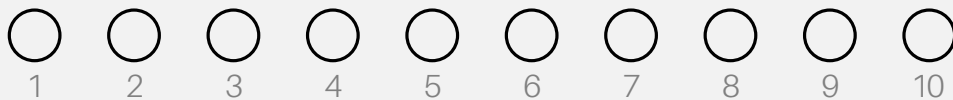
Evaluate your answer.



Magnetism

On a scale of 1-10

How compelling (magnetic) are you?



How do you know this?

(Reasons to support your rating)

How admirable are your Communication or interaction skills?



How do you know this?

(Reasons to support your rating)

Are people generally drawn to you?
Pause and think about it.



If for instance you met someone (anyone) for the very first time, at what point are they typically drawn to you?

- Before you speak
- When you speak
- Not sure

If you chose option 1 or 2, at what point does the attraction grow?
i.e what makes it grow and what do you do to contribute to it.

Describe in detail.

If you are or are unable to articulate this, what does that tell you?

Attractiveness can grow.

Magnetism is learned.

The capacity to have an effect on the character, development or behaviour of someone or something. Or the effect itself;

This, is Influence.

Sunday August 28, 2022

theImmersion

CURATED BY YBB

Designing your best life Now.



What do you want from
Tosin's session?

(Fill this before the session)

I want _____

What will you do differently?

(Fill this after the session)

I will _____

theImmersion

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Disrupting YOU for **global** **penetration** and dominance



What do you want from PK's session?

(Fill this before the session)

I want _____

What will you do differently?

(Fill this after the session)

I will _____



theImmersion
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Magnetism

What do you want from
YBB's session?

(Fill this before the session)

I want _____

What will you do differently?

(Fill this after the session)

I will _____

Magnetism 10X

Magnetism 10x is a combined course on Self-awareness, Self-trust, Attractiveness, Confidence and Reinvention.

The only course you need to self reinvent and transform your life in one year

MGX certification gives you the ability to gain competitive advantage with the power of your personality and inner wisdom.

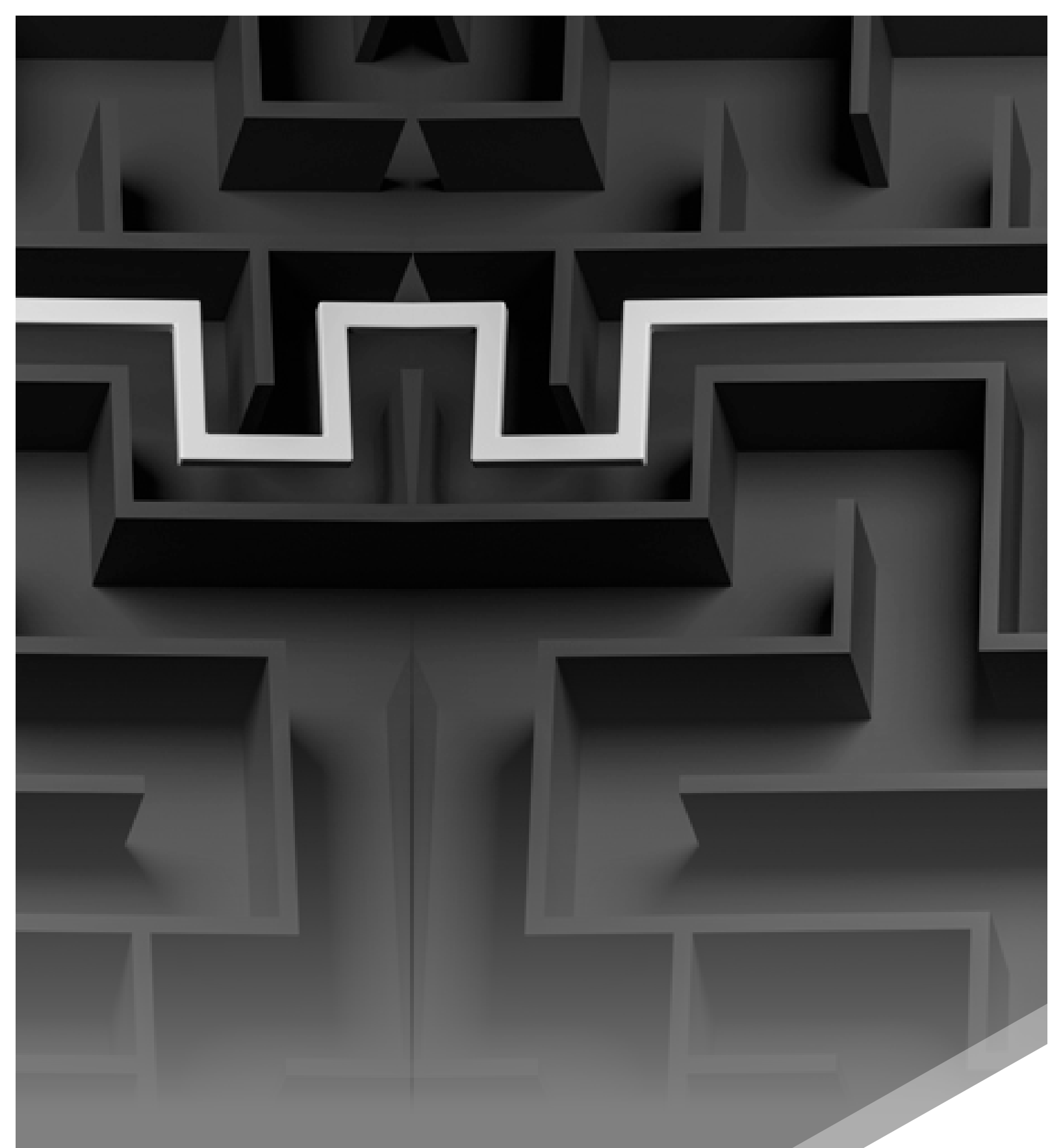
Early bird from
Now through the 2nd September

GET MGX CERTIFIED.
Registration closes September 25, 2022

Regards,



REINVENTION & EVOLUTION CONNOISSEUR



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